



Ensuring Life, Livelihood & Liberation

# BAKDIL BULLETIN

Volume: 01

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## MONTHLY NEWSLETTER

### MSSDS: Food Processing Technician Training Begins in Chiading and Dadenggre Regions

#### In this newsletter

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The three-month Food Processing Technician Training program has officially commenced in both Chiading and Dadenggre regions of East & West Garo Hills, Meghalaya. The training in Chiading began earlier this month, followed by the launch of the Dadenggre batch on



8th September 2025. Together, these programs aim to skill and empower over 110 trainees in food processing techniques and value addition. On the 10th, officials conducted an inspection visit to the Chiading training centre to review the ongoing sessions &

interact with trainees. The training focuses on equipping participants with essential skills in food preservation, packaging, hygiene, and small-scale processing, enabling them to generate income and create livelihood opportunities within their communities.



The Bakdil run Gabil PHC team made a commendable effort in transporting a pregnant mother from a hard-to-reach area, Village - Kantra, North Garo Hills to a secure facility for delivery, safeguarding the health of both

### BAKDIL run Gabil PHC A pregnant mother rescued

mother and baby. Their coordination, quick thinking, and unwavering sense of duty ensured that both mother and child were brought to safety and received timely medical care. This prompt and caring intervention underscored the team's commitment to prioritizing maternal and child well-being during a critical period. What could have been a moment of great risk and fear was transformed into one of hope and relief — thanks to the courage and commitment of the

Gabil PHC team. Their dedication is a reminder that compassionate service, teamwork, and a deep sense of responsibility can truly save lives and strengthen communities.





## Green Food Day



On 12 September 2025, the Adil Cluster Level Federation (CLF), under the facilitation of BAKDIL NGO, successfully organized the

Observation of Green Food Day in collaboration with the Meghalaya Early Childhood Development Mission (MECDM), the Medical Team, Social Welfare Department, and Education Department at Selsella C&RD Block. The programme was graced by Smt. Nikrachi Ch. Sangma, JRDO Selsella C&RD Block, along with representatives from multiple line departments including Medical Teams, Social Welfare Teams from Tura, local leaders (LS, GS), ASHAs, AWWs, school teachers, BMMU staff, CGHA cadres, Nokmas, SHG members, and pregnant and lactating mothers.

Key topics highlighted during the event included:

- The importance of consuming green and organic vegetables
- Child Protection Act and related services
- Child growth and development
- Awareness on teenage pregnancy and tuberculosis



As part of the programme, free medical services were provided to community members including BP and blood sugar checks, as well as sputum collection for TB testing. An exhibition on green vegetables and healthy cooking methods further promoted the day's message of nutrition and wellness.

## A two-day write-shop was held at BIRD, Lucknow



**BANKERS INSTITUTE OF RURAL DEVELOPMENT, LUCKNOW**  
Write-Shop on Social Stock Exchange (SSE)

(01 to 02 September, 2025)



From Left to Right

Sitting on Chairs : Marie Banu Rodriguez, Latha Suresh (Director, SAN India), Dr. Gyanendra Rout (Prog. Director), Anukampa Jha (AIC), Dr. Nirupam Mehrotra (Director, BIRD), Dr. B.R. Premi (CGM, NABARD), Dr. Sriram Appulingam (Jt. Director, BIRD), Suman Shukla (Prog. Director), Idalin Warbah, Balorain Sohkhlit, ..... Sardar.

Standing 1st Row : Santosh Kumar Khare, Nimisha, Usha Pattanayak, Vivek Kumar Gupta, Francis A. Sangma, Dr. Jayaraj M.K., J. Zoramsangkima, Brijesh Kumar Rawat, Shalindra Kumar Singh, Dr. Rajesh Kumar Srivastava, Sanjeev Kumar Bhatnagar, Jitendra Kumar Singh, Khaigin Munga, Tushar Kanta Behera, Jomon Joseph, Rajesh Gupta.

Standing 2nd Row : Amit Pandey, Manoj Bharti, Kanhu Charan Manjhi, Sreesanth S.S., Dr. V.P. Singh, Dr. Nishad V.M., Om Satyam Trivedi, Umesh Kumar, Sanjay Kumar Srivastava, Abhishek Kumar, Sunil Prakash Crasta, Dr. Himraj Singh, Vishal Parashar.

A two-day write-shop organized by NABARD was held at the Bankers Institute of Rural Development (BIRD), Lucknow, from September 1-2, 2025, focusing on the Social Stock Exchange (SSE). The session provided valuable guidance on preparing Detailed Project Documents, understanding registration procedures on the SSE portal, and learning about listing processes designed to help Non-Profit Organizations (NPOs) attract donors and mobilize funds effectively. The workshop served as an important platform for participants to gain practical insights into leveraging the SSE framework for sustainable funding and greater social impact.

## International Conference

Two Young Professionals from the Mobius Young Climate Leaders Programme, implemented by BAKDIL NGO, participated in the 7th International Conference on Sustainability Education (ICSE) held in New Delhi on 17-18 September 2025.

The conference, themed "Sustainability Education for Green Jobs," brought together experts, educators, and practitioners from across the globe to share insights



on promoting green skills and sustainable livelihoods. The two-day event featured a series of plenary promoting green skills and

sustainable livelihoods. The two-day event featured a series of plenary sessions, thought-provoking discussions, and knowledge-sharing opportunities on sustainability education and climate action.

The participation of the Young Professionals provided valuable exposure and learning, equipping them with new perspectives and practical strategies to strengthen sustainability and environmental education initiatives in Meghalaya.



## Orientation Programme for Newly Inducted IMEP-III Staff Held at BTC, Baghmara



After a week of interviews and staff selection for various positions under the IMEP-III Malaria Project in South Garo Hills, a total of 33 new staff members were inducted to supervise different areas and blocks across the district. To prepare them for their roles, an Orientation Programme was held on 15th September 2025 at the Bakdil Training Centre (BTC), Baghmara. The session aimed to familiarize the new recruits with the objectives, strategies, and operational framework of the IMEP-III project, ensuring they are well-equipped to contribute effectively to malaria prevention and control efforts in the region.

## MOBIUS

As part of the Mobius Young Climate Leaders Programme, our Young Professionals continue to visit 16 selected schools across Tura every Thursday and Friday, bringing the Pani Pahar curriculum to Lower and Upper Primary students.

Alongside classroom teaching, the team organizes environmental competitions, awards prizes to student winners, and helps set up Eco Clubs to nurture lasting green habits. Through the Mobius Green Friday initiative, students are encouraged to collect dry waste from home and learn proper disposal practices, making sustainability a part of their everyday lives.

This month, lessons on the Water Cycle, Weather, Climate Change, Waterborne Diseases were delivered at Sacred Heart School, Chitoktak School, Bidanchi secondary school, Sampalgre LP School, Mount Zion and Auxilium school where prizes were also distributed to enthusiastic participants. These efforts are steadily building awareness, responsibility, and a sense of environmental leadership among the next generation.



## MECDM

The Bakdil-Meghalaya Early Childhood Development Mission (MECDM) facilitators have been actively conducting sensitization programmes across various parts of the Garo Hills.

These sessions focus on spreading awareness about the importance of early childhood development, addressing the challenges faced by young children, and promoting better care and support practices among parents, caregivers, and community members.



## NRLM

A monthly Review Meeting for all the NRLM staffs was held at Bakdil Head Office on 5<sup>th</sup> September.



## Bakdil - INTERNS

Conducted an orientation session for 10 students from Indian Institute of Professional Studies (IIPS Shillong), interns joining for 20 days.





## Swasth Nari Sashakt Parivar Abhiyaan and World Rabies Week Observed at BAKDIL-run PHCs



As part of the Swasth Nari Sashakt Parivar Abhiyaan (SNSPA), various BAKDIL-run PHCs conducted special health campaigns across different locations, offering a range of free healthcare services to the community throughout the month. The services provided included general health check-ups, antenatal (ANC) check-ups, routine immunization (RI), Noncommunicable Diseases (NCD) and hemoglobin test (HB) screenings, Tuberculosis (TB) screenings, and the distribution of sanitary pads. Refreshments were also provided to all participants.

In connection with World Rabies Week, an SNSPA Campaign-cum-Awareness Programme was organized on 25th September 2025 at Rongchungre under Anangpara AHWC. The event included ANC check-ups, NCD, HB, and TB screenings, along with awareness sessions on Tuberculosis, menstrual hygiene, rabies prevention, and nutrition.

The initiative reflected BAKDIL's continued commitment to women's health and empowerment, promoting awareness and access to essential healthcare services at the grassroots level.



## Saturation Campaign & FLC Program

The Saturation Campaign and FLC Program were successfully conducted at Gimagre Village (Demdema Block) and Takimagre (Batabari Block) with enthusiastic participation from over 250 attendees, including SHGs, VOs, village leaders, pastors, and children. The event was graced by Mr. Rony, Brand

Ambassador of Nokma Ice Cream, whose special performance added charm to the day. A warm thanks to our Director for treating everyone to refreshing ice creams. All invited bank managers, field officers, and Block FI MsRLs of Demdema Block attended with full participation, making the programme a joyful and successful one.





## BAKDIL

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Established in 1987, BAKDIL is a registered non-governmental organization headquartered in Tura, West Garo Hills, Meghalaya. Dedicated to the sustainable development of indigenous communities, BAKDIL works across 22 blocks, reaching nearly 20,000 farmers and their families. Our initiatives span health, education, agriculture, women empowerment, disaster response, micro-finance, entrepreneurship, and skill development. With a committed team on the ground and in the office, we deliver holistic, community-driven support to the most marginalized populations.

### MOTTO:

*"Ensuring Life, Livelihood & Liberation"*

## Ongoing BAKDIL Projects

- Integrated Tribal Development Program **(ITDP - IV & V)**
- Micro Entrepreneurship Development Program **(MEDP)**
- Springshed based Watershed Development Program
- Micro Enterprises Promotion Program **(MEPP)**
- National Urban Livelihood Mission **(NULM)**
- National Rural Livelihoods Mission **(NRLM)**
- Management of 5 Government AAM Primary health Centers **(PHC)**
- Social Welfare Department, South West Garo Hills (Short term Trainings)
- Young Professionals Program **(MOBIUS)**
- Intensified Malaria Elimination Project **(IMEP-III)**
- Meghalaya Early Childhood Development Mission **(MECDM)**
- **Dairy Farm** at Mebon Rongsep
- Financial Literacy **(FLC)**
- Meghalaya State Skill Development Society **(MSSDS)**
- **FARM-IV**

## Training Centres of BAKDIL

- BAKDIL Training Center, Walbakgre
- BAKDIL Training Center, Baghmara
- BAKDIL Training Center, Dadenggre
- Spark Hills, Songsak
- BAKDIL Training Center, Zikzak.

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